

Wellness meets world-class care: elevate your health journey with NASH Executive Health.

Welcome to a new era of elite health and wellness.

Clinical Excellence in Vibrant Monterrey, Mexico

The NASH Executive Health Program offers access to world-class specialists at a state-of-the-art medical facility that will give you a personalized, high-touch experience and deep insights into your health.



A multidisciplinary team providing a patient-centered experience at Zambrano Hellion Hospital, an internationally recognized medical center in Monterrey, Mexico



Comprehensive packages that ensure a streamlined process from travel arrangements to accommodations



Tailored programs designed to meet your unique needs and health goals



Personalized care from start to finish, including access to the executive lounge with high-speed internet and private workspaces, an end-of-visit physician review, and a comprehensive summary of your results

Join us in Monterrey to elevate your health to new heights.